

WHAT IS AN ENERGY CHAMPION?

Someone who is interested in energy use in their home, wants to get more energy savvy, & who can spread the word in their community to help others save energy and money too

IS THIS YOU?

We are looking for people who are interested in doing this and we offer **FREE** training and support

WHY IT'S A GREAT IDEA

More and more people are having difficulty paying their fuel bills, as the cost of heating the home and powering all your appliances rises

You could save money by changing your fuel tariff or supplier, taking simple actions to make your home more energy efficient and becoming aware of financial help you may be eligible for

Using less energy means less carbon emissions so is great for our environment too! WIN-WIN!



ENERGY CHAMPIONING

We can come to you to help you get in the know! We can visit your local community group, sheltered housing unit or any other group of fine folk to give FREE sessions; these will be a fun and interactive guide to home energy issues.

Budding energy champions will get a personal home visit from us to chat with family, friends & neighbours about saving energy

We will also be on the road in schools and venues across Moray spreading energy saving advice and searching for budding Champions, check Facebook for details

HOW WILL I BENEFIT AS AN ENERGY CHAMPION?

- 💡 You will learn lots about how to understand bills, grants and loans, and interesting facts about insulation, heating and hot water systems
- 💡 You will save money and help your planet
- 💡 You will be able to pass on your knowledge to your family, friends and neighbours, helping them save money too
- 💡 You will gain skills for your CV, helping future employment prospects

**Sounds great!
How can I get plugged in?**

**Just get in touch for more info
and to sign up
email**

jenni@reapscotland.org.uk

phone 07591 461 776

 message us!

HOME ENERGY TOP TIPS

- ▲ Don't leave appliances like TVs on standby – turn them off!
- ▲ Set your hot water cylinder to 60°C and insulate it too
- ▲ Only fill the kettle with the amount of water you need
- ▲ Spend one minute less in the shower
- ▲ Wash up in a bowl, not under a running tap
- ▲ Replace old-style halogen lightbulbs with LED ones and turn them off when not in use
- ▲ Turn down the room thermostat by 1°C



Just want in-depth advice about your own energy bills and use?

Give REAP a call on 01542 888070 for more information

This project is funded by

ADAM
FAMILY
FOUNDATION

REAP is a local environmental charity founded in 1997, based in Keith and working across Moray

Current work includes tackling fuel poverty, promoting local food, community development work and administering Wind Farm Community Benefit Funds

REAP
177 Mid Street, Keith
AB55 5BL
email info@reapscotland.org.uk
website www.reapscotland.org.uk



@REAP_Scotland



Charity Number SC037988
Company Number SC316989



Learn about home energy use
Save money
Help others to do the same

ADAM
FAMILY
FOUNDATION